



**CABINET FOR HEALTH AND FAMILY SERVICES
DEPARTMENT FOR MEDICAID SERVICES**

Ernie Fletcher
Governor

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Mark D. Birdwhistell
Secretary

Glenn Jennings
Commissioner

November 13, 2006

RE: CONSUMER DIRECTED OPTION SERVICES

SCL Member Letter: 01

Dear Supports for Community Living Waiver Member:

Beginning November 30, 2006, Medicaid members who get services through the Supports for Community Living (SCL) Waiver can choose to get some of their non-residential waiver services through Consumer Directed Option (CDO). The non-residential services included in CDO for SCL are: Respite, Community Living Supports and Adult Day Training. Only members who do not receive residential services through the SCL waiver can participate in CDO.

CDO is a choice. You do not have to enroll in CDO. You can continue to receive your services as you do now through the traditional waiver program.

CDO lets you choose who provides some of your non-residential SCL services and how and when you receive them. You can choose your own employees (who can be family members, friends, etc). You can decide what time of the day and what days of the week you get your services.

You can also choose to keep getting some of your services the way you do now and to consumer direct the rest. This is called blended services. If you enroll in CDO and do not want to continue, you can transition back to receiving services through the traditional program.

Supports for Community Living Waiver Member

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If you would like information on CDO or how to enroll in CDO, you may contact one of the following:

- Your current SCL Waiver Case Manager;
- The Area Agency on Aging (AAA) Office in your area (listing attached);
- The Long Term Care and Community Alternatives Division at (502)564-7540; or
- Medicaid Member Services at 1-800-635-2570.

We are excited to be able to offer this new option. Please call the Medicaid Long Term Care and Community Alternatives Division at (502)564-7540 if you have any other questions.

Sincerely,

Glenn Jennings
Commissioner

Enclosure(s)

Xc: SCL Member Letter: 01

GJ/CB/AK/MW/sm/amd00126

Area Agencies on Aging:

BARREN RIVER AREA: (270) 781-2381

ALLEN, BARREN, BUTLER, EDMONSON, HART, LOGAN, METCALFE, MONROE, SIMPSON, WARREN

BIG SANDY AREA: (606) 886-2374

FLOYD, JOHNSON, MAGOFFIN, MARTIN, PIKE

BLUEGRASS AREA: (859) 269-8021

ANDERSON, BOYLE, BOURBON, CLARK, ESTILL, FAYETTE, FRANKLIN, GARRARD, HARRISON, JESSAMINE, LINCOLN, MADISON, MERCER, NICHOLAS, POWELL, SCOTT, WOODFORD

BUFFALO TRACE AREA: (606) 564-6894

BRACKEN, FLEMING, LEWIS, MASON, ROBERTSON

CUMBERLAND VALLEY AREA: (606) 864-7391

BELL, CLAY, HARLAN, JACKSON, KNOX, LAUREL, ROCKCASTLE, WHITLEY

FIVCO AREA: (606) 739-5191

BOYD, CARTER, GREENUP, ELLIOTT, LAWRENCE

GATEWAY AREA: (606) 674-6355

BATH, MENIFEE, MONTGOMERY, MORGAN, ROWAN

GREEN RIVER AREA: (270) 926-4433

DAVIESS, HANCOCK, HENDERSON, McLEAN, OHIO, UNION, WEBSTER

KIPDA AREA: (502) 266-6084

BULLITT, HENRY, JEFFERSON, OLDHAM, SHELBY, SPENCER, TRIMBLE

KENTUCKY RIVER AREA: (606) 436-3158

KNOTT, LESLIE, LETCHER, PERRY, BREATHITT, LEE, OWSLEY, WOLFE

LAKE CUMBERLAND AREA: (270) 866-4200

ADAIR, CASEY, CLINTON, CUMBERLAND, GREEN, McCREARY, PULASKI, RUSSELL, TAYLOR, WAYNE

LINCOLN TRAIL AREA: (270) 769-2393

BRECKINRIDGE, GRAYSON, HARDIN, LARUE, MARION, MEADE, NELSON, WASHINGTON

NORTHERN KENTUCKY AREA: (859) 283-1885

BOONE, CAMPBELL, CARROLL, GALLATIN, GRANT, KENTON, OWEN, PENDLETON

PENNYRILE AREA: (270) 886-9484

CALDWELL, CHRISTIAN, CRITTENDEN, HOPKINS, LIVINGSTON, LYON, MUHLENBERG, TODD, TRIGG

PURCHASE AREA: (270) 247-7171

BALLARD, CALLOWAY, CARLISLE, FULTON, HICKMAN, GRAVES, MARSHALL, MCCracken

**Consumer Directed Option
SCL Waiver
Frequently Asked Questions**

1. What is Consumer Directed Option?
Consumer Directed Option (CDO) allows members who receive services through a Medicaid Waiver program to direct some of their non-medical waiver services. The member chooses who provides their services and when and how the services are provided. CDO allows the member to hire family members or friends to provide their waiver services.
2. Who can enroll in CDO?
Beginning November 30, 2006, members who receive non-residential services through the Supports for Community Living (SCL) Waiver program can begin enrolling in CDO. CDO is not mandatory. The member can choose to enroll to consumer direct some or all of their non-medical waiver services.
3. Who can participate in CDO?
Members who get services through the Medicaid SCL Waiver Program and who can understand the rights and responsibilities of managing their own care can participate in CDO. Members who are unable to manage their own care can choose a representative to help them. The representative must be at least 21 years old and cannot be paid to act as representative and cannot provide consumer directed services.
4. After November 30, 2006, what are the ways I can choose to get SCL Waiver Services?
The member can choose to:
 - keep things the way they are now (continue to receive services through the traditional program);
 - consumer direct all of their non-residential, non-medical services (Consumer Directed Option); or
 - use blended services (continue to receive some services through the traditional program and consumer direct others).
5. How do I enroll in Consumer Directed Option?
If you currently get services through the SCL Waiver, you can contact your current Medicaid waiver case manager and let them know you want to enroll in CDO. Your case manager will contact the Support Broker. The Support Broker will contact you to arrange a time to meet with you. They will help you enroll in CDO.
6. What is the Support Broker?
The local Area Agencies on Aging (AAA's) will act as Support Brokers for the CDO program. Once you choose CDO, you will no longer have a case manager through the traditional agency. The Support Broker will act as your case manager.

The Support Broker will assist you with:
 - enrolling in CDO;
 - developing your plan of care and support spending plan;
 - locating service providers and negotiating rates;
 - supporting you in hiring, supervising and firing your employees;
 - coordinating with traditional providers;
 - transitioning back to traditional services if you choose to disenroll from CDO.

7. Will I be given a budget?
Yes, the member will be given a budget amount based on past service utilization. The budget amount will be determined by the Department for Medicaid Services (DMS). The budget will be used by the member to negotiate rates with employees and complete the support spending plan
8. Who can I hire as my employees?
The member can hire family, friends, neighbors, provider agencies, etc. The employee must be at least 18 years old and must submit to a criminal background check. The Support Broker will assist the member with hiring and training employees.
9. How will my employees be paid?
The Area Development Districts (ADD's) will be the Financial Management Agency for CDO in Kentucky. The member will keep track of all the services done by their employee(s). A timesheet will be submitted to the Support Broker showing what services were performed. The Financial Management Agency will pay the member's employee(s) for providing these CDO services. The Financial Management Agency will make sure all state and federal laws are met, such as withholding enough money to pay for taxes and other items.
10. What training is required?
Members, representatives, and employees must complete training on person centered planning and self-determination. Training will be available on abuse/neglect/exploitation prevention, recognition and reporting. Employees must also complete training in First Aid and CPR. The member can require additional training related to their needs.
11. What are my responsibilities if I choose CDO?
The member has the responsibility to:
 - Work with the Support Broker to develop a Plan of Care/Support Spending Plan and an emergency back-up plan;
 - Hire, train, schedule and fire staff
 - Follow the Plan of Care/Support Spending Plan and keep within their budget;
 - Choose a representative if needed or desired
 - Submit paperwork on time
12. What if I decide I don't want to be in CDO anymore?
The Support Broker will work with the member to transition back to traditional services.